

Curriculum Vitae

EDUCATION

MARTIN SHAFFER, PH.D. **PSYCHOLOGY**

- 1970 University of Oregon, Ph.D., Psychology, Eugene, OR
- 1981 University of Illinois, B.S., Psychology, Mathematics, Champaign-Urbana

PROFESSIONAL EXPERIENCE

PRIVATE PSYCHOTHERAPY PRACTICE 1973 - Present
San Francisco / Sacramento / Stockton, CA.

- Practice specializing in the evaluation and treatment of stress and pain disorders, as well as evaluations of neuropsychological dysfunction.
- Forensic Consultation, with specialization in Workers' Compensation claims in California and Alaska (AME, QME, IME) for reactions to injury along with pre-surgical assessment and neuropsychological complications. Psychiatric assessments have been done for the Department of Labor and Veterans Administration as related to common neuropsychological functioning issues, rehabilitation issues, PTSD and personality development issues. Complex issues have been addressed with clinical assessment, file review, directing of case management issues and court testimony.
- Corporate Management Consultation, including group stress management interventions.
- Sports Psychology, including performance enhancement with specialty in golf.

STRESS MANAGEMENT INSTITUTE 1979 - Present
San Francisco, CA.

- Training of professionals in stress management skills.

UNIVERSITY EVALUATION CENTER 1992-1994
San Francisco, CA.

- Coordinator of psychological consulting services for medical-legal assessment; a multidisciplinary evaluation center that provided multi-specialty evaluations for industrial injuries and third party liability carriers.

ASSOCIATE DIRECTOR 1977-1979

Division of Clinical Psychology and Behavioral Sciences Department of Family Medicine
University of South Carolina, School of Medicine, Columbia, SC.

- Trained family physicians, diagnosed and treated psychophysiological disorders, published articles on obesity and psychophysiological problems. Consultant to departments of Pediatrics, Internal Medicine and Orthopedic Surgery.

PROFESSIONAL EXPERIENCE (Continued)

INDEPENDENT MEDICAL EXAMINER 1977-1979
Richland County Court Systems, Columbia, SC.

- Performed medical-legal and psychological consultations for hospital commitment to psychiatric

and penal institutions in Columbia, SC. Fitness to stand trial was a focus.

- STAFF PSYCHOLOGIST** 1972-1977
Mental Health Developmental Disabilities Department, San Francisco County, CA.
- Administered neuropsychological testing and treated developmentally disabled children and their families, while consulting and training community agency personnel including school district personnel.
- RESEARCH PSYCHOLOGIST** 1971-1972
Veterans Administration Hospital, Palo Alto, CA.
- Family Study Unit
- CONSULTANT, STAFF TRAINER** 1971-1972
Cupertino School District, Cupertino, CA.
- Program for developmentally disabled children with a focus on autism
- CONSULTANT, GRANT WRITER** 1971
San Jose, CA.
- Alcoholism Outreach Programs, Community Response, Inc.
- PSYCHOLOGY INTERN** 1970
- Suicide Prevention Center, VA Hospital, Brentwood, CA.
 - Family Therapy Program, VA Hospital, Palo Alto, CA.
- RESEARCH ASSISTANT** 1969
University of Oregon, Eugene, OR.
- Focus of research was family interactions and clinical depression.

PUBLICATIONS

- Tuff Talk, Trafford Publishing, 2004; workbook on language and resiliency
- Tuff Talk, companion audio program; hypnosis training for resiliency
- Life After Stress, New York: Plenum Publishing, 1982; self-help book on stress management
- Life After Stress, Contemporary Books, paperback edition, 1983

LICENSURE

- PSY 3995, State of California, 1973 - Present
- Board Certified, American Academy of Pain Management.

PROFESSIONAL ACTIVITIES AND MEMBERSHIPS

- American Academy of Pain Management
- American Psychological Association

- International Society of Clinical Hypnosis
- California State Psychological Association
- American College of Forensic Psychology
- National Association of Sports Psychology