

ADAM M. KREMEN, PH.D.
PSYCHOLOGIST

Curriculum Vitae

EDUCATION

- 1995 Ph.D, Clinical Psychology
 University of California, Berkeley, CA
- 1981 B.A., History *cum laude*
 Harvard University, Cambridge, MA

PROFESSIONAL EXPERIENCE

- March 1998 – Present PRIVATE PSYCHOTHERAPY PRACTICE
 Oakland, CA
- December 2000 – April 2007 STAFF PSYCHOTHERAPIST
 Boyer House Foundation, San Rafael, CA
- March 1997 – March 1998 PSYCHOLOGICAL ASSISTANT
 Supervisor: Barbara Baer, PhD.,
 San Francisco/Berkeley, CA
- September 2000 – August 2001 CLINICAL SUPERVISOR
 Goldman Institute on Aging, San Francisco, CA
- September 1998 – August 2001 ADJUNCT FACULTY
 The Wright Institute, Berkeley, CA
- November 1995 – March 1997 POSTDOCTORAL FELLOW IN GEROPSYCHOLOGY
 Mt. Zion Medical Center, UCSF
- July 1994 – June 1995 CLINICAL PSYCHOLOGY FELLOW
 Massachusetts Mental Health Center
 Harvard University, Boston, MA
- January 1993 – August 1993 PSYCHOLOGY INTERN
 Langlely Porter Psychiatric Institute, UCSF
- November 1990 – December 1990 PSYCHOLOGICAL ASSESSMENT PRACTICUM
 Alta Bates-Herrick Hospital, Berkeley, CA

PROFESSIONAL EXPERIENCE (CONTINUED)

- October 1989 – November 1989 CRISIS INTERVENTION TEAM
Berkeley Unified School District, Berkeley, CA
- August 1989 – June 1991 PSYCHOLOGY INTERN
Psychology Clinic, UC-Berkeley, CA
- August 1988 – May 1989 PSYCHOLOGY ASSESSMENT PRACTICUM
Psychology Clinic, UC-Berkeley, CA
- September 1988 – December 1988 INTENSIVE ASSESSMENT AND CONSULTATION
PRACTICUM
Harold E. Jones Child Study Center, UC-Berkeley

RESEARCH EXPERIENCE

- September 1998 – September 1999 RESEARCH PSYCHOLOGIST
 - Block and Block Longitudinal Project on Personality and Cognitive Development, Institute of Human Development, UC-Berkeley
- November 1995 – August 1998 POSTGRADUATE RESEARCHER
 - Block and Block Longitudinal Project on Personality and Cognitive Development, UC-Santa Cruz
- September 1992 – May 1993 PRINCIPAL INVESTIGATOR
 - Young Children's Premise Systems and Ego-Control
- January 1990 – April 1990 RESEARCH ASSISTANT
 - Longitudinal Ego Development Project, Dartmouth College, Hanover, NH
- January 1989 – June 1994 RESEARCH ASSISTANT
 - Block and Block Longitudinal Project on Personality and Cognitive Development, UC-Berkeley
- August 1987 – August 1988 RESEARCH ASSISTANT
 - Interpersonal Pathways to Depression Project, Harvard University, Cambridge, MA
- November 1986 – August 1988 RESEARCH ASSISTANT
 - Adolescent and Family Development Project, Harvard Medical School and Massachusetts Mental Health Center, Boston, MA

TEACHING EXPERIENCE

- June 2000 – December 2000 TEACHING FACULTY
 - *Psychoanalytic Theory and Technique* and *Adolescent Development*
California School of Professional Psychology, Alameda, CA
- January 2000 – April 2000 TEACHING FACULTY
 - *Adolescent Development*
New College of California, San Francisco

TEACHING EXPERIENCE (CONTINUED)

- January 2000 – April 2000 CLINICAL INSTRUCTOR
- *Introduction to Clinical Psychiatry*, UCSF
- June 1993 – August 1993 GRADUATE STUDENT INSTRUCTOR
- *Abnormal Psychology*, Psychology Department, UC-Berkeley
- August 1992 – December 1992 GRADUATE STUDENT INSTRUCTOR
- *Experimental Design and Analysis*. Psychology Department UC-Berkeley
- August 1991 – December 1991 GRADUATE STUDENT INSTRUCTOR
- *Experimental Design and Analysis*. Psychology Department UC-Berkeley

OTHER EXPERIENCE

- December 1981 – August 1988 COMPUTER SOFTWARE ENGINEER
- *Evans, Griffiths and Hart, Inc.* Lexington, MA

PUBLICATIONS

- Kremen, A. M. (2012). Beyond conception: Recovering the creative couple after infertility. *Couple and Family Psychoanalysis*, 2, 80-92.
- Kremen, A. M. & Block, J. (1998). The roots of ego-control: The role of childhood environmental factors. *Journal of Personality and Social Psychology*, 75, 1062-1075.
- Kremen, A. M. (1998). Childrearing and ego-control: A growth curve analysis of continuity and change across 20 years. Manuscript under review, *Merrill-Palmer Quarterly*
- Kremen, A. M. (1996). Depressive tendencies and susceptibility to anxiety: Differential personality correlates. *Journal of Personality*, 64, 209-242.
- Block, J. & Kremen, A. M. (1996). IQ and ego-resiliency: Their conceptual and empirical connections and separateness. *Journal of Personality and Social Psychology*, 70, 349-361.
- Kremen, A. M. (1995) Relationships between parenting and children's ego-control: An HLM analysis of stability and change. *Dissertation*, University of California, Berkeley, CA.
- Leaper, C, Hauser, S., Kremen, A. M., Powers, S. I., Jacobson, A. M., Noam, G. G., Weiss-Perry, B., & Follansbee, D. (1989). Adolescent-parent interaction in relation to adolescents' gender and ego development pathways - a longitudinal study. *The Journal of Early Adolescence*, 9, 335-361.

PRESENTATIONS

- Kremen, A. M. (2009). Beyond conception: Refining the creative couple. Symposium presented at the Annual Meeting of the Division of Psychoanalysis of the American Psychological Association, Austin, TX, April 25, 2009.
- Kremen, A. M. (2004). The frame in art and psychotherapy. Presented at symposium entitled "Pushing the frame", San Francisco Psychoanalytic Extension Division, October 16, 2004.
- Kremen, A. M. (2000). The nature of internal objects: Theory of mind in the autistic-contiguous, paranoid-schizoid and depressive positions. Symposium presented at the 11th Annual Interdisciplinary Conference of the International Federation for Psychoanalytic Education, Chicago, IL. November 3, 2000.
- Kremen, A. M. (2000). The link between personality functioning and somatization: Empirical lessons from a longitudinal study. Symposium presented at the 20th Annual Spring Meeting of the Division of Psychoanalysis of the American Psychological Association, San Francisco, CA, April 6, 2000.
- Kremen, A. M. & Block, J. (2000). Adaptive and maladaptive pathways in adolescence: Links with ego-control. Symposium presented at the Annual Meeting of the Society for Research in Adolescence, Chicago, IL, March, 2000.
- Chang, R. & Kremen, A. M. (1999). Developmental life paths from preschool through young adulthood: A person-centered approach. Presented at the Biennial Meeting of the Society for Research in Child Development, Albuquerque, NM, April 17, 1999.
- Gjerde, P. F., Chang, R., & Kremen, A. M. (1999). Continuity and discontinuity in developmental pathways from adolescence to young adulthood: A nine-year longitudinal study. Symposium presented at the Biennial Meeting of the Society for Research in Child Development, Albuquerque, NM, April 17, 1999.
- Kremen, A. M., Gjerde, P. F., & Chang, R. (1998). Life paths through adolescence: A study of developmental types. Symposium presented at the Seventh Biennial Meeting of the Society for Research on Adolescence, San Diego, California, February-March, 1998.
- Kremen, A. M. (1997). Developmental links between ego-control and ego-resilience. Symposium presented at the Annual Meeting of the American Psychological Association, Chicago, August, 1997.
- Hinshaw, S. P., Ablon, S., Kremen, A. M. & Zupan, B. A. (1997). Attentional deficits with and without hyperactivity: An ipsative, ego-psychological perspective. Presented at the meeting of the International Society for Research in Child and Adolescent Psychopathology, Paris, France, June, 1997.
- Kremen, A. M. (1997). The roots of ego control: Early parenting antecedents. Presented at the Biennial Meeting of the Society for Research on Child Development, Washington, D.C., April 4, 1997.
- Kremen, A. M. (1996). Relations of parenting to stability and change in children's ego-control. Presented at the 104th Annual Convention of the American Psychological Association, Toronto, Canada, August 13, 1996.
- Kremen, A. M. (1991). Differential personality correlates of anxiety and depression. Presented at the Lives through Time Conference, Palm Springs, CA, November 9, 1991.

PRESENTATIONS (CONTINUED)

Kremen, A. M. (1991). Q-Sort personality correlates of susceptibility to anxiety. Presented at the 99th Annual Convention of the American Psychological Association, San Francisco, August 20, 1991.

Leaper, C, Hirsch, T., & Kremen, A. M. (1989). Parent-child sequences and the socialization of gender in preschool children. Presented at the Biennial Meeting of the Society for Research on Child Development, Kansas City, Missouri, April, 1989.

Leaper, C, Hauser, S., & Kremen, A. M. (1988). A microanalytic study of adolescent gender-role socialization during family conversation. Presented at the 2nd Biennial Meetings of the Society for Research on Adolescence, Old Town Alexandria, Virginia, March, 1988.

HONORS AND AWARDS

- 1996-1997 Fellow, American Psychoanalytic Association
- 1993 Sigma Xi Grant-in-Aid of Research
- 1989-1990 University of California Regents Fellowship
- 1976-1981 Dean's List, Harvard University
- 1976-1981 John Harvard Scholar, Harvard University
- 1976 National Merit Scholar

PROFESSIONAL ACTIVITIES AND MEMBERSHIPS

- 2008 Past-President, Northern California Society for Psychoanalytic Psychology
- 2007 President, Northern California Society for Psychoanalytic Psychology
- 2006 President-Elect, Northern California Society for Psychoanalytic Psychology
- 2000 - 2001 Chair, Steering Committee, APA Division 39 Summer Meeting, 2001
- 2000 - 2001 Chair, Program Committee, Northern California Society for Psychoanalytic Psychology
- 2000 - 2001 Secretary, Board of Directors, Psychoanalytic Institute of Northern California
- 1999 - 2000 Steering Committee, APA Division 39 Annual Meeting for 2000
- Member, American Psychological Association
- Member, Northern California Society for Psychoanalytic Psychology